

## Basic formulas

$$\text{Stress } (\sigma) = F / A$$

$$\text{Bending Stress: } \sigma = M \times y / I$$

$$\text{Strain } (\epsilon) = \Delta L / L$$

$$\text{Torsional Stress: } \tau = T \times r / J$$

$$\text{Hooke's Law: } \sigma = E \times \epsilon$$

## Materials

Material	Density (kg/m <sup>3</sup> )	Comp. Strength (MPa)
Concrete (C25/30)	2400	25
Steel (S355)	7850	355
Brick	1800 - 2000	2.5 - 10
Timber	500 - 1000	5-50

## Software & Apps

### Drawing/Drafting

- AutoCAD
- ArchiCAD

### Project Scheduling

- Primavera P6
- MS Project

### BIM Modelling

- Revit
- Trimble connect

### Structural Design

- Telka Structures
- Prota Structures
- Prokon
- STAAD

### Reports & Collaboration

- MS Word & Excel
- Adobe Acrobat
- BlueBeam

## Units

From	To	Multiply By
1 m	3.28084 ft	× 3.28
1 ft <sup>2</sup>	0.0929 m <sup>2</sup>	× 0.0929
1 m <sup>3</sup>	35.3147 ft <sup>3</sup>	× 35.31
1 kg	2.20462 lb	× 2.20
1 MPa	145.038 psi	× 145

## Design Codes

Purpose	Eurocode	ACI/U.S. Standard
Concrete Design	EN 1992 (Eurocode 2)	ACI 318
Steel Design	EN 1993 (Eurocode 3)	ACI 360-16(Steel)
Timber Design	EN 1995 (Eurocode 5)	NDS for Wood Construction
Geotechnical Design	EN 1997 (Eurocode 7)	ACI 336
Earthquake Loads	EN 1998 (Eurocode 8)	ACI 341 - 16
Wind Loads	EN 1991-1-4	ASCE 7

